

CONNECTICUT VALLEY HOSPITAL

Physical Therapy Services
PT Equipment Procedure # 49

Re: “No-Lift” Booster

Date: November 15, 2005

Reviewed: October 19, 2008

Description:

The “No-Lift” Booster is a circular nylon sheet with one side piece that slides over the other side piece. This booster assists in moving a patient up in bed.

Indication:

Patients who are unable to assist in moving themselves up in the bed and require maximum assistance of two or four staff members.

Procedure:

1. Lower the head of the bed to level. Elevate the bed to waist height.
2. Roll patient to one side. Position Booster along body. Roll patient onto booster and roll patient to his or her other side.
3. White nylon webbing should be parallel to patient.
4. Smooth out booster and roll patient onto their back. Adjust patient so both hips and shoulders are on the Booster sheet.
5. Cross the patient’s arms over their chest.
6. Two or four staff members should grab the handles on each side of the Booster, top layer only, at the patient’s hips and shoulders.
7. Pull the patient towards the head of the bed by moving the top layer of the Booster over the bottom layer.
8. Remove the Booster sheet from under the patient, as per step #2.

Precautions:

1. Slide the patient; do not attempt to lift the patient.
2. Do not leave under the patient.
3. Check Booster with each use for signs of wear.

Cleaning:

1. Between patients – Spray with disinfectant and then towel dry.
2. When heavily soiled – Machine wash with mild detergent and air dry.